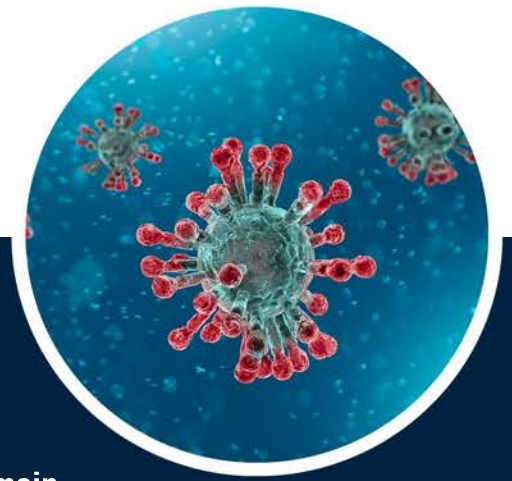


# COVID-19



## What is it?

Novel coronavirus COVID-19 is a virus strain that originated in Wuhan, Hubei Province, China that has spread among humans since Dec. 2019. Currently, most of the cases are outside of the United States.

The Washoe County Health District is monitoring the issue closely; however, we currently have no confirmed cases in Washoe County and remain at a very low risk.

## How does it spread?

- Through the air by coughing and sneezing
- Close personal contact such as caring for, or living in close contact with, a person who is ill

## How it does NOT spread

- Through items shipped from China
- From people who are asymptomatic (not ill) of novel coronavirus

## How can I prevent getting COVID-19?



Wash hands often with soap and water



Avoid touching your eyes, nose or mouth with unwashed hands



Avoid contact with people who are sick



Stay home when you are sick



Cough or sneeze into tissue or sleeve

## Symptoms



Fever



Cough



Difficulty breathing



Severe respiratory illness

Symptoms may appear in as few as 2 days or as many as 14 days

## Keep in mind

During the 2017-18 flu season, nearly 80,000 people died in the U.S. from influenza. You're more likely to get the flu than COVID-19 and all the above information still applies to keep from getting the flu.



It's not too late to get a seasonal flu shot

**WASHOE COUNTY  
HEALTH DISTRICT**  
ENHANCING QUALITY OF LIFE

Go to [cdc.gov/COVID19](https://cdc.gov/COVID19) for the most up-to-date information