

Why is it especially important for everyone (6 months and up) to be vaccinated against the flu this year?

- Help protect yourself, your family, and others within your community (the more people that are vaccinated, the less the disease can spread)
- Reduce flu-related illnesses, hospitalizations, and deaths
- Avoid straining the healthcare system in anticipation of ongoing COVID-19 outbreaks
- Decrease confusion and panic – COVID-19 and flu symptoms are very similar, but the infection rate, complications, and treatment can differ
- Being sick with flu could lower your immunity and make you more susceptible to other circulating diseases



**DON'T GET
SPOOKED
BY THE FLU.**
**Get your flu
vaccine before
Halloween!**

It takes about two weeks after vaccination for antibodies to develop in the body and provide protection against flu, you and your family should get a flu vaccine before it begins spreading in our area.